

Scénario : Do you love your job ?

Vidéo: 'How to be happy at work'

<http://www.videojug.com/film/how-to-be-happy-at-work>

Compréhension de l'Oral: comprendre un documentaire lié à un aspect socio-professionnel (B1)

O. INTRODUCTION

1. This video is about :

- | | |
|--|--|
| a) ☐ ordinary people | ☐ famous people |
| b) ☐ ordinary jobs | ☐ glamorous jobs |
| c) ☐ boring jobs | ☐ self-satisfaction at work |
| d) ☐ a scientific study | ☐ people's feelings |

2. Who is the man interviewed?

.....
3. What is the definition in English of the word 'flow'?

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4. What is it? ☐ a feeling of happiness
☐ a feeling of sadness
☐ a feeling of boredom

5. This feeling can be achieved in: ☐ friendship
☐ love
☐ sport
☐ work

I. FIND HIDDEN CHALLENGES

6. What is the man's job? ☐ he is a fisherman
☐ he cuts raw fish
☐ he cooks fish

7. His job is

- | | |
|--------------------------------------|---|
| a) For most people: | b) for him: |
| ☐ dirty | ☐ artistic |
| ☐ exciting | ☐ smelly and uncomfortable |
| ☐ enviable | ☐ self-satisfying |
| ☐ commonplace | ☐ well-paid |

II. PERFECT YOUR SKILLS

8. In general people who enjoy their work are: ☐ experts
☐ beginners
☐ money motivated

III. FOCUS

9. To enjoy your work, you must be: ☐ superficial, detached
☐ greatly involved and attentive
☐ have a in-between attitude

IV. CONCLUSION

10. Complete

It's not just workers with jobs who can happiness at Most people who in their work actually achieve more than in leisure activities.

Complétez les phrases en français:

Cette vidéo présente...

Elle s'appuie sur...

Elle donne des pour.....

En premier il faut.....

Par exemple cet homme.....

En second il faut.....

Enfin il faut.....

La conclusion est que est accessible à tous.